

# LAPAROSCOPIC SPLENECTOMY



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## INDICATIONS OF SPLENECTOMY

### 1. ELECTIVE SPLENECTOMY

* ITP :	<b>57 %</b>
* congenital spherocytosis :	12 %
* hemolytic anemia :	10 %
* Hodgkin's disease :	5 %
* AIDS-related thrombocytopenia :	3 %
* lymphoma :	3 %
*Leukemia	2.5 %
* Others (sarcomas, splenic metastases,...)	

### 2. SPLENECTOMY IN EMERGENCY:

- Trauma

## INDICATIONS

### Idiopathic Thrombocytopenic Purpura (ITP)

- Immune: antibodies to platelets membrane glycoprotein
- Increased peripheral platelets destruction (spleen, liver)  
→ Bleeding

--> low risk if P.C. >50.000/High risk if P.C. <10.000

#### Adults:

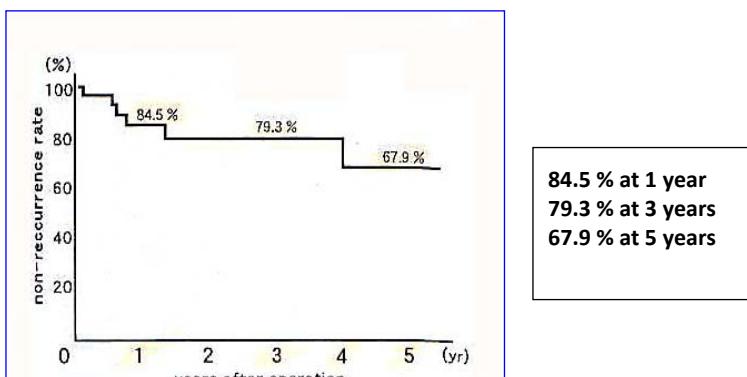
- chronic evolution > 90%
- spontaneous remission < 5%
- mortality from haemorrhage: 2% - 5%
- spontaneous haemorrhage if platelets count < 20.000/mm<sup>3</sup>

#### Children:

- acute onset
- reversible in > 80 % at 2 months : late indication of splenectomy
- spontaneous remission or after medical treatment > 1 year
- rare chronic evolution < 10 %
- mortality from haemorrhage < 1 %

• Splenectomy is indicated when medical treatment failed

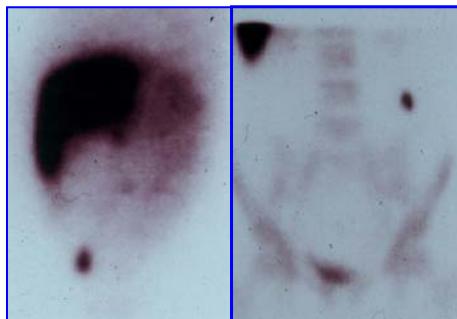
### Clinical response (ITP) after laparoscopic splenectomy



## ITP Relapse



Splenosis



Residual accessory spleen

Comparable detection in LS  
compared to OS \*

Consensus statement, Surg Endosc 2008; 22: 821-848

## DEBATABALE INDICATIONS of Laparoscopic splenectomy

- Malignant hematologic diseases
- Huge splenomegaly (> 25 cm)
- Malignant splenic tumor
  - . pericapsular inflammation
  - . large lymph nodes at the splenic hilum
- PHT and cirrhosis



### Difficulties

- Technical challenge
- Splenic mobilization
- Safe access to the splenic hilum
- Increased risk of bleeding
- Extraction

Splenic volume (gr)

1000 - 2000

2000 - 3000

> 3000

Conversion rate

7 %

33 % \*

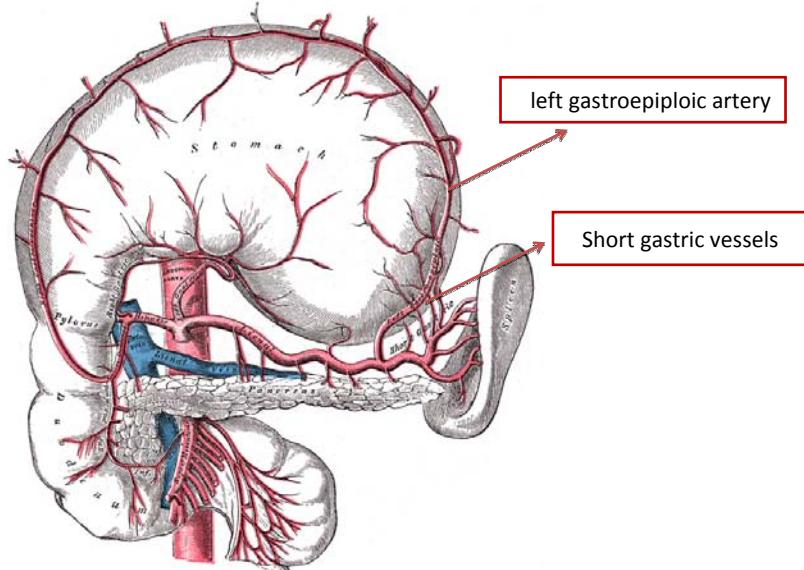
75 % \*

P<0.05

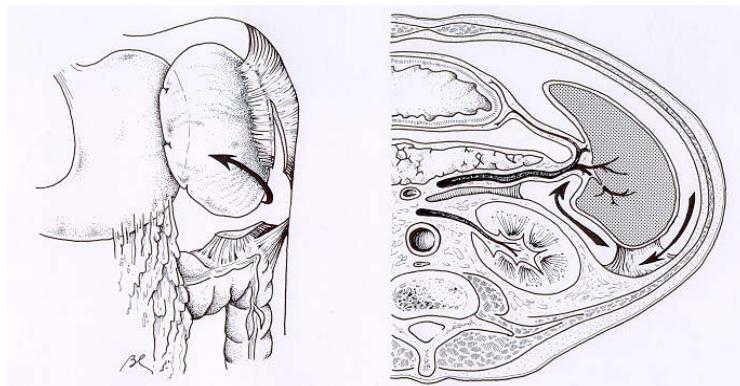
TARGARONA et al. 1998

Hand-assisted laparoscopic splenectomy port

## Vessels of the spleen



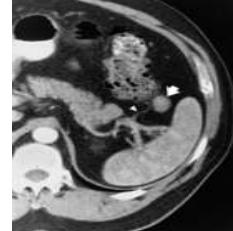
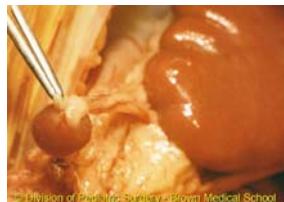
## Attachment of the spleen



1. greater omentum
2. splenocolic ligament
3. pancreatosplenic ligament
4. gastrosplenic ligament
- 4'. short gastric vessels
5. phrenosplenic ligament

## PREPARATION

- Spiral CT scan → aspect, size of the spleen, AS

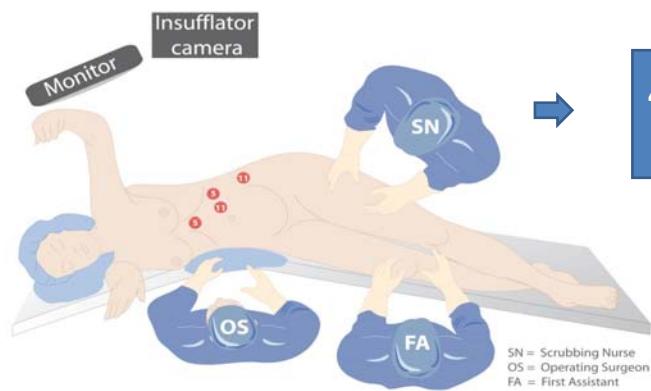


- Vaccination:
  - Pneumococcal
  - Haemophilus Influenzae
  - Meningococcal
- Platelets, packed cells
- Anticoagulant prophylaxis

## Conditions for a safe operation

1. Expert laparoscopic surgeon
2. Precise surgical technique
3. Careful vascular control (! bleeding)
4. "Stand-by" for conversion to laparotomy

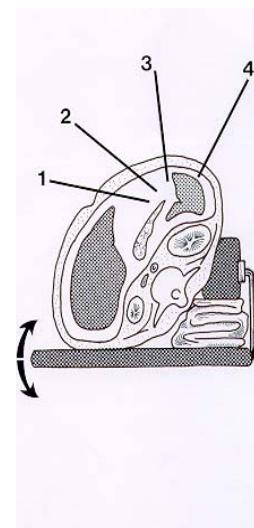
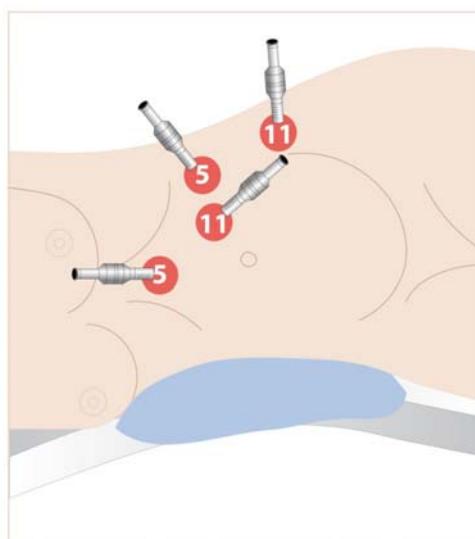
## PATIENT POSITION



45 degree right  
semi-lateral

Or -Dorsal decubitus  
-Complete lateral decubitus

## PORTS PLACEMENT



## **OPERATIVE STEPS**

1. lowering the splenocolic ligament
2. mobilizing and lifting up the lower pole of the spleen
3. division of the lateral peritoneal reflection of the spleen
4. dissection of the lower part of the gastrosplenic ligament
5. dissection of the splenic hilum
6. division of the upper part of the gastrosplenic ligament and the short gastric vessels
7. Extraction of the specimen in a bag! (in toto or morcellated)
8. Routine search for accessory spleen

**MOVIE**

## CONVERSION

**Conversion should always be considered as a possible option in order to make the procedure as safe as possible.**

- \* lack of surgeon's experience
- \* intraoperative bleeding : hilar bleeding, diffuse blood oozing ...
- \* dense adhesions
- \* large splenomegaly
- \* severe obesity
- \* technical difficulties :
  - difficult mobilization of spleen
  - difficult manipulation of spleen
  - no work space

## COMPLICATIONS

### Local complications:

- Bleeding (2-6%)
- Venous thromboembolism :Splenic/ Portal thrombosis (5-20%)
- Pancreatic complications (pancreatitis, fistulas): 3%

### General complications:

- pulmonary atelectasis:4%

### Long term complications:

- Severe sepsis (encapsulated bacterias):0,2-0,5%

Mortality:0,6%

## Peri-operative Results

Metaanalysis (n=2940) comparing OS (821) and LS (2119)

	Laparoscopic splenectomy	Open splenectomy	p
Operating time (min)	180	114	<0,001
POHS (D)	3,6	7,2	<0,001
Accessory spleen identified (%)	11	11	NS
Complication rate (%)	15,5	26,6	<0,001
Mortality rate (%)	0,6	1,1	NS

Lower morbidity: less wound infections, pulmonary complications, sepsis. More haemorrhagic complications in LS

Winslow et al., Surgery 2003

Some limitations remains regarding splenic traumas, portal hypertension and severe co-morbidities

Surg Endosc (2008) 22:821–848  
DOI 10.1007/s00464-007-9735-5

CONSENSUS STATEMENT

## Laparoscopic splenectomy: the clinical practice guidelines of the European Association for Endoscopic Surgery (EAES)

B. Habermann · S. Sauerland · G. Decker · B. Delaitre · J.-F. Gigot · E. Leandros · K. Lechner · M. Rhodes · G. Silecchia · A. Szold · E. Targarona · P. Torelli · E. Neugebauer

**MOVIE**